# WEED TO KNOW



Marijuana is old, but the

## SCIENCE IS NEW.

Using pot while pregnant,

### CAN HURT BABY

It's true.

IT'S NEVER TOO LATE IN YOUR PREGNANCY TO QUIT USING MARIJUANA.







Recommendations for pregnancy, breastfeeding & parenting srhd.org/weed-to-know-baby-you

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# THC CROSSES THE PLACENTA INTO A BABY'S BLOODSTREAM:

Marijuana use during pregnancy changes how the baby's brain develops, which can cause lifelong behavior problems.

Marijuana use during pregnancy could impact a child's learning ability and memory.



#### STRUGGLING WITH MARIJUANA ADDICTION?

DIAL 988 TO REACH THE HELPLINE

## WEED to KNOW for Baby & You



Materials provided courtesy of Spokane Regional Health District

#### Sources:

Behnke, M. & Smith, V. (2013). Prenatal Substance Abuse: Short- and Long-term Effects on the Exposed Fetus. Pediatrics, 131(3), e1009-e1024.

Brown, H. & Graves, C. (2013). Smoking and Marijuana Use in Pregnancy. Clinical Obstetrics And Gynecology, 56(1), 107-113.

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Hayatbakhsh, M. et al. (2012). Birth Outcomes Associated With Cannabis Use Before and During Pregnancy. Pediatric RESEARCH, 71(2), 215-218.

Marroun, H. et al. (2009). Intrauterine Cannabis Exposure Affects Fetal Growth Trajectories: The Generation R Study. Journal of American Academy of Child and Adolescent Psychiatry, 48 (12), 1173-1181.

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